



Love Sports Emergency Action Plan

Sponsors Name: Love Sports LLC

Name of Camp: **Summer Rush Tournament**

Tournament Address: Athletic Fields, 10 Luckenbill Rd

City: Kutztown State: P.A. Zip Code: 19530

Contact Name: Justin Colon

Telephone #: (610) 451 - 2888

An emergency action plan is a written document consistent with best practices to optimize participant safety and is required by the leadership of Love Sports . The purpose of the emergency action plan is to facilitate and organize Love Sports personnel to respond appropriately to emergencies occurring during Love Sports sanctioned events.

In case of an emergency situation the personnel responsibilities are as follows:

- **Love Sports Athletic Trainer**
- In case of:
Unconscious athlete

- Check ABCs
- Obtain AED from Love Sports Member (if necessary)
- Activate EMS
- Follow appropriate Cardiac protocols
- Document

Exertional Heat Illness

- Remove athlete from play
- Relocate to a shaded area
- Remove equipment
- Properly hydrate
- Watch vitals for worsening symptoms
- Follow appropriate EHI protocols
- Attempt cooling, activate EMS if needed
- Document

Concussion

- Check for LOC (if positive activate EMS)
- Clear C-Spine (if positive activate EMS)
- Remove athlete from play
- Follow appropriate concussion protocols
- Provide take home instructions to parents
- Refer if needed
- Once signs and symptoms end begin
progressive return to play
- Document

Cervical Spine Injury

- Maintain C-spine
- Activate EMS
- Coordinate equipment management with EMS
- Monitor vital signs
- Follow appropriate cervical spine protocols
- Update coach
- Document

Fractured bone

- Splint and stabilize fracture site
- Refer to Emergency Department

- Check vitals of limb where fracture is present
- Note any difference and report to appropriate healthcare providers
- Document

Choking

- Use Heimlich Maneuver
- Document

Bleeding

- Activate EMS
- Maintain direct pressure
- Elevate (if possible) above the heart
- Continue with application of gauze (Do NOT remove previously used gauze)
- Monitor and Report Vitals to coach speaking with emergency operator until EMTs arrive on scene and then communicate final levels to EMTs
- Document

Love Sports Employee

- Call 911
- Retrieve AED or delegate if necessary
- Alert the appropriate departments to the field with emergency - **Inform Honey Svoboda of the emergency (610-683-4834)**

Coaches of Injured Athlete

- If a parent is not present call she or he
- Coaches binder should have an emergency card for the athletes
- Coach or assistant coach should go to the hospital if a parent is not there.

Emergency Vehicle Direction

- (Athletic Fields)- From US-222 N to Richmond Township. Take the exit toward Virginville/Kutztown from US-222 N
- Continue onto Kutztown Rd, Turn left onto Luckenbill Rd, and Athletic Fields will be to your left



South Campus

| | | | |
|---------------------------|----|--------------------------------|----|
| Andre Reed Stadium | 49 | Keystone Hall | 46 |
| Beck Hall | 34 | Lehigh Hall | 39 |
| Berks Hall | 37 | Multicultural Center | 35 |
| Bonner Hall | 42 | O'Pake Field House | 47 |
| Deatrick Hall | 38 | Old Main | 30 |
| Dixon Hall | 41 | Risley Hall | 33 |
| Golden Bear Plaza | 51 | Rothermel Hall | 28 |
| Georgian Room of Old Main | 31 | Schuylkill Hall | 36 |
| Golden Bear Village South | 44 | South Dining Hall | 45 |
| Golden Bear Village West | 27 | Stratton Administration Center | 32 |
| Johnson Hall | 40 | Student Recreation Center | 48 |
| Kemp Building | 5 | University Place | 43 |

North Campus

| | | | |
|---------------------------|----|--|----|
| Academic Forum | 9 | McFarland Student Union | 6 |
| Admissions Center | 24 | Pennsylvania German Cultural Heritage Center | 10 |
| Alumni Plaza | 18 | President's House | 15 |
| Beekey Education Building | 1 | Rickenbach Research and Learning Center | 3 |
| Boehm Science Center | 12 | Rohrbach Library | 7 |
| Boxwood House | 20 | St. Christopher Catholic Newman Center | 19 |
| deFrancesco Building | 2 | Schaeffer Auditorium | 16 |
| Graduate Center | 17 | Schock Education House | 23 |
| Grim Science Building | 11 | Sharadin Arts Building | 13 |
| Honors Building | 4 | Wiesenberger Alumni Center | 21 |
| KUF Professional Building | 26 | | |
| Lutheran Center | 25 | | |
| Lytle Hall | 8 | | |
| Maple Manor | 22 | | |

Emergency Phone Numbers

- Love Sports Tournament Director- Justin Colon (610)-451-2888
- Venue Coordinator- Justin Colon (610)-451-2888)
- Love Sports Athletic Trainer: Christina Kercher, MS, LAT, ATC- 484-269-7063
- Honey Svoboda- (610)-683-4834
- Reading Tower Health- (484) 628-8000
- Kutztown University Police- (610) 683-4001
- Fire/ Medical Assistance- (610) 683-4001
- Ambulance- 911

MEDICAL EMERGENCY

- Call 911
- Provide the following information below
- Nature of Medical information:
- Concussion, Fractured bone, Heat Illness, Unconscious athlete, Choking, Cervical Spine Injury, Report Vitals, and any other serious medical information from emergency care card or attending medical professional.
- Location of the Emergency: **Athletic Fields, 10 Luckenbill Rd Kutztown, PA 19530**
- Questions listed below you will be asked by 911:
- What is the victim's age?
- What is the victim's gender?
- Is the victim conscious?
- Is the victim breathing?
- Is a head or neck injury suspected?
- Is there severe bleeding?
- Do you suspect a fracture?
- Where are you located?
- Stay on the phone and give updates until EMS arrives

What to say to EMS

- “Hello, we have had a lacrosse related incident. The victim is located at **Athletic Fields Luckenbill Rd** , lacrosse field number *1,2,3, or 4*. Give address if asked: **Athletic Fields Luckenbill Rd Kutztown, PA 19530**. The victim is _____ (gender) and approximately _____ (age) years old. We are providing **care**. Their vitals are _____. The victim is **conscious or unconscious, breathing or not breathing**. The suspected injury is ***head or neck injury, fracture, severe bleeding, etc.*** My name ***give your name*** and **my phone number** is **____?**. I will meet the emergency personnel in the **determine location in advance and ensure no obstructions for EMS access through the parking lot and will further direct them to the incident**. I will **describe my clothing** and will be **holding a sign for direction**.

Fire Emergency

- Call the fire department when you notice a fire
- Location of the Emergency: **Athletic Fields Luckenbill Rd Kutztown, PA 19530**
- Move Teams to a parking lot and have them spread out. Also have the coaches do a headcount.
- Teams need to stay together until we are told it is safe to return back on the fields.
- Call **Honey Svoboda** and let her know about the Fire **(610)-683-4834**

LOCKDOWN PROCEDURES

- Go to the present building location or proceed to the nearest lockable room.
- Close and lock doors; if the door does not lock, barricade the door.
- Close blinds or drapes.
- Turn off lights and all unnecessary equipment.
- Set cell phones to vibrate.
- Move to a location in the room on the same wall as the door, but at the opposite end which is not visible from the window and the door.
- Remain as quiet and calm as possible.
- If gunshots are heard, everyone should assume a prone position on the floor.
- Nobody leave the area until it is clear and safe

